

# ThinkHealth News 2025

Software Thinking and Standing with You





# **Agency Events and News**

Frontline Mental Health Summit - Building Resilience and Supporting Care

The Frontline Mental Health Summit is an in-person event for first responders, medical professionals, educators, and peer recovery specialists. Join workshops and networking to build resilience, manage trauma, and earn CLEET credits. Register today to grow your skills and well-being.

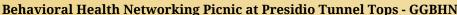


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## Mental Health Provider Fair

This event connects attendees with local mental health providers and resources in a supportive, welcoming space. It's a chance to explore services, speak with professionals, and take steps toward better mental wellness. Whether you're seeking help for yourself or a loved one, you'll find guidance and options to get started.

**Click Here for More Information** 



The Golden Gate Behavioral Health Network is hosting its quarterly meetup for Bay Area therapists, social workers, physicians, and healthcare providers. The event offers networking, resource-sharing, self-care, and free food, sponsored by Beyond Measure, Pura Vida Recovery Services, and Bayside Marin. **Click Here for More Information** 





The purpose of the walk is to support survivors of suicide loss, attempt survivors, anyone struggling with thoughts of and those that are passionate.

attempt survivors, anyone struggling with thoughts of suicide, and those that are passionate about suicide prevention.

This event will include: activities for all ages, a free T-shirt for all attendees, community vendors, keynote speaker, a 1.5 mile walk through historic downtown Delaware, Ohio and more!

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# **Customers Hot Topic**

## **World Suicide Prevention Day**

Suicide claims over 720,000 lives each year, leaving deep emotional, social, and economic impacts on families, friends, and communities worldwide. The 2024-2026 World Suicide Prevention Day theme, "Changing the Narrative on Suicide," encourages open, compassionate conversations, reduces stigma. promotes support for those in distress, while also urging governments and institutions to prioritize mental health, expand access to care, and implement evidence-based prevention strategies. Observed each year on September 10, WSPD unites communities, organizations, and policymakers around the belief that suicide is preventable.

Read More Here.

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### **NEWSLETTER HIGHLIGHTS**

## Ohio bill proposes up to 3 mental health days for students each year

Ohio State Senator Willis Blackshear Jr. has proposed a bill allowing students up to three excused mental health days each school year to help reduce the stigma around mental health. The bill ensures that students won't face penalties for these absences, but does not require schools to provide professional mental health support—leaving that responsibility to parents. This initiative aims to address the rising mental health challenges among students, with increasing rates of anxiety, depression, and suicide.



# Oklahoma DMHSAS announces Momentum 2025 mental health event

The Oklahoma Department of Mental Health and Substance Abuse Services will host Momentum, a three-day conference from December 9-11, 2025, at the Oklahoma City Convention Center. The event focuses on mental health, prevention, recovery, and criminal justice behavioral health, featuring over 50 sessions and keynotes from experts like Adi Jaffe, Kristin Neff, and Nick Szubiak. Attendees can earn up to 16.5 CE credits. Early registration offers a 15% discount for the first 100 participants. Lunch is provided for the first two days.



# September

## Mark Your Calendar

September 1st Labor Day

September 6th Read a Book Day

September 8th

<u>International Literacy Day</u>

September 10th

**World Suicide Prevention Day** 

September 14th

<u>National Sober Day</u>

September 21st

**World Alzheimer's Day** 

September 30th

National Love People Day 🦂



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